

# Supply List

everything you need, everything you don't need & alternatives



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# A Note About Supplies

I'll admit it, I'm totally addicted to art supplies. The thrill of buying something new.... the promise of going into an art supply shop.... But **art supplies don't make art, YOU do.** For years I bought art supplies and was too afraid to use them. If you're not using them, all the art supplies in the world won't help you!

You can recreate most of the effects in my art simply with a pencil & acrylic paint. So on that note, don't go out and buy every single thing on the supply list. **Use what you have.** To me art supplies are about preference. I have lots of different supplies, but end up using the same stuff more often than not: because I like using them. For example you won't find me using many water-soluble media, simply because I don't enjoy working with them. However, acrylics and oil pastels... now we're talking! You will find out your own preferences for supplies and how to use them with practice & experience.

Buy new supplies in one or two colours first, and decide if you like them. Then buy more. (That way you won't end up like me with 60+ Neocolor II crayons that I hardly use..). Substitute supplies where you need to. **Buy what you can afford.**

There are two areas that I DO recommend buying quality & spending a bit of money: paper & brushes. Buying premium watercolour paper will stand up to most things you throw at it (literally, we're gonna be throwing... well, splattering at least!) and won't frustrate you by falling apart. Cheap brushes shed hairs like crazy and will make you want to tear your own hair out. Student grade brushes of a reputable brand will do you fine. (Psst, fingers are brushes too!)

Remember, art supplies are just tools & implements. **YOU are the creator!**

# Supplies & Alternatives

**300gsm/140lb watercolour paper** 1 sheet 22"x30" or 4 sheets approx 15"x11". Good brands: Fabriano Artistico. Daler Rowney The Langton. Strathmore.

**Acrylic paints** magenta, yellow, teal, blue, violet, flesh tone & brown. Black & white.

**Bookbinding thread & needle** alternative: embroidery thread & a thick sharp needle

**Brayer**

**Brushes** wide, medium & one spotter for details and writing. Fine tipped water brush is handy too

**Dip pen** alternative: calligraphy or regular pens

**Fingers** alternative: err.... brushes?

**Gel medium** alternative: glue

**Gelli plate** google how to make your own. Alternative: glass plate or brayer.

**Gesso (white & black)** alternative: acrylic paint

**Glazing medium** alternative: water

**Heat tool / hair dryer** alternative: lots & lots of patience

**India ink (black)** alternative: diluted acrylic paint, watercolour or gouache

**Ink sprays** alternative: diluted acrylic paint

**Masking tape**

**Matte medium** alternative: glue

**Modeling/molding paste** alternative: heavy body acrylics

**Oil pastels & oil bars** yellow, flesh tone, brown, pink, red & white. Alternative: acrylic paint

**Papers / collage material** look around the house for scraps / wrapping paper / tickets

**Pens (black & white)** good brands: Uni Posca. Sakura gel pens. Uniball Signo. Sharpie paint pens.

**Sketching pencil & eraser**

**Stabilo All pencil (black)** alternative: charcoal pencil.

**Stamp pad (black)**

**Stamps** big letters for journal cover, we will also use found objects to stamp.

**Stencils** one or two, any will do

**Toothbrush** an old one obviously =p